

Dr Susan Essien Etok

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12<sup>th</sup> August 2009

President Barack Obama

[REDACTED]  
[REDACTED]  
Washington, DC 20500  
USA

Dear Barack,

**Re: A call for a reform on the regulation and administration of ‘controlled’ medication.**

I am sure you are aware of the media coverage relating to the death of Musician and Performer, Michael Joseph Jackson on 25<sup>th</sup> June 2009.

I have recently spoken in the UK media of when Michael Jackson offered me £500,000 to provide him with ‘controlled’ medication to feed his dependency for the ill-fated London concerts. I categorically declined his offer. See attached newspaper excerpt.

I have been a friend of Michael Jackson for the past 11 years, but have only in recent months come to know of the severity of his dependency. I tried very hard, as did his family, to get rehabilitative treatment for Michael. This was no mean feat as there were a catalogue of Medical Practitioners in the USA and abroad who were prepared to provide him with the ‘controlled’ medication he requested, for financial gain.

My attempts to intervene and expose Michael’s dependency (while he was alive) were blocked by ‘forces’ that are more powerful than I am. Bullying tactics and ridicule were used against me to discourage me from going to the authorities and getting Michael the help that he needed.

Due to his vast wealth and celebrity status, Michael was a victim of manipulation by means of his addiction. It is my belief that **no individual Doctor** is responsible for Michael’s death, rather, a catalogue of Doctors who were enlisted/ aided by a collection of organizations that had an interest in Michael’s finances.

It is clear in my mind that the untimely deaths of other notable figures such as Anna-Nicole Smith, Heath Ledger and Elvis Presley, to name a few, could have been prevented if tighter measures regarding access to ‘controlled’ drugs had been in place.

It would be naive of me to think that a single policy change would irradiate the current problem with regards to over-prescription of 'controlled' medication. However, I feel that if harsher punitive measures were in place against unethical Doctors, this would make inroads into dissuading individuals from taking this course of action.

I am coming to you with the support of the Jackson family and Michael's friend; I was forced into a situation where I had to sit back and watch Michael die, powerless to help. I cannot remain silent any longer and watch this happen to another individual; my conscience would not allow it.

I do hope that I have your backing on this and I hope that we can work close together in bringing about a reform in the regulation and administration of 'controlled' medication from here on in.

I look forward to hearing your thoughts and comments through your Office on this matter. I shall be in USA in the latter part of this month and would be grateful if we could find the time to discuss this further.

Yours Faithfully,

A handwritten signature in purple ink that reads "Susan Etok". The signature is written over a large, light grey watermark that says "TMZ".

Dr Susan Essien Etok

Three horizontal black bars redacting contact information, likely a phone number and an email address.

Encl (see: <http://www.mirror.co.uk/news/top-stories/2009/08/09/he-offered-me-500k-to-get-him-drugs-for-his-02-gigs-115875-21583602/> )

# The doctors' story



Susan Etok, who Jacko asked to get drugs for O2 gigs

**EXCLUSIVE**  
BY GARY ANDERSON  
news@hushdaytonor.co.uk

**A BRITISH woman has revealed how Michael Jackson offered her £500,000 to supply a shopping list of dangerous drugs to see him through his O2 shows.**

Dr Susan Etok, who has a PhD, told how Jacko summoned her to a clandestine 90-minute meeting at a top London hotel, where he made the extraordinary proposal.

Desperate and agitated, he begged her to use her contacts in the UK to obtain a cocktail of drugs including Diprivan and Demerol - the same ones suspected to have killed him - because he "couldn't trust a doctor here".

She said: "He kept saying, 'Are you going to do it for me, you are going to do it for me, aren't you?' He was desperate, like a child begging his mum for sweets."

"Then he said, 'I don't care what it takes, I don't care how much money it takes - if it costs half a million, that's fine'."

Susan, 32, has spoken out to reveal the truth about how serious the star's habit had become, and her story gives a chilling insight into his manipulation of those around him to get drugs.

High-flying Susan, from Luton, Beds, first met Jacko by chance when she went on holiday to California in 1988 with her university friend Heather Barber, who was part of the star's extended family.

Then aged 21, Susan was doing a science degree at Loughborough University; she first met Michael at his suite in the Mirage hotel in Las Vegas, then was invited to see him again at the end of their trip.

"We just hung out in his room watching movies because he couldn't go out anywhere without being mobbed," she said. "Me and Michael just really got on. I found his sense of humour really funny. We had loads of fun just sitting being silly. He told me he'd stay in touch and we spoke on the phone regularly after that. He'd call me up - in tears sometimes - over the claims that were damaging his good name."

And as Susan's career flourished - she qualified with a PhD in biomedical engineering and now helps design prosthetic limbs - so did her friendship with Jacko. He took a particular interest in her family after learning she had six relatives in the medical profession.

They met around 10 times and would talk on the phone about family matters and Michael's future projects. Susan never realised he was grooming her to be part of his team as a drug supplier. And she never imagined how far their friendship would be stretched when she was asked to meet him at his suite at the five-star Lanesborough Hotel in London on March 6, while Michael was in London to

## He offered me £500k to get him drugs for his O2 gigs



Last UK visit... Jacko with son Blanket at Lanesborough Hotel in March

announce his This Is It concert at the O2 dome. She told the Sunday Mirror: "I hadn't expected to see Michael on that trip because it was just a short publicity visit."

"I got a call from a guy called Vince from the States on March 2, telling me to keep the 6th free. I did and met him outside a café at Paddington station. He was waiting in a black SUV with blacked out windows. He took a roundabout way to the hotel, as if he wanted to be sure we weren't being followed."

She added: "Michael was waiting for me. He was in black trousers, a

red cotton top and one of his black fedora hats with a hairnet on underneath. He looked the thinnest he'd ever been in the 11 years I'd known him. When I came in, he stood up and gave me a big hug."

Jacko made small talk then steered the chat to drugs.

"I was excited about the concerts. He was saying, 'Mmm, I know', but seemed reluctant - not like someone ready to do so many concerts. He kept talking about the 'pain' it caused him when people were unkind. And he seemed stressed out and upset - I felt like his counsellor."



Drugs... Lofepamine & Sertraline

"He started saying how he couldn't trust a doctor here and asked what would happen if the kids got sick. Then he turned it round and said, 'Do you think you could look after me?'"

Susan then realised Jackson was referring to members of her family who worked in medicine.

She said: "Then he said there were medications he took in the States that he needed. He said the names but they didn't mean much to me."

"The one name I recognised was Diprivan. I knew it was something to do with anaesthetics and thought that seemed strange. But Michael kept saying, 'They're just routine'."

As well as Diprivan - suspected to have led to his death - the list included other restricted drugs.

Susan said: "That's when I got really suspicious."

To escape the intense atmosphere in the suite she pretended she needed the toilet. But when she went to the star's bathroom, she discovered yet more addictive pills piled up in boxes next to the sink.

The stash included Sertraline, Lofepamine, another anti-depressant, and Zopiclone, a hypnotic drug used to treat insomnia. The labels suggested a UK-based doctor was prescribing them.

She decided on the spot to put the boxes in her bag to keep them away from Jackson - and to check if they really were "just routine".

She still has them at home in case they are needed as evidence in the police inquiry into his death. She said: "In the end, I just told him, 'I'll sort you out' because I wanted to get out of there. One of his ministers drove me back to Paddington."

He told me, 'You're in a position to help kids, so help don't you?' The implication was that it would be better for me if I did it."

Jacko was mobbed by fans that night as he took older children Prince Michael and Paris to see West End musical *Oliver!* But away from the cameras, he was ringing to check if Susan was OK with the deal.

She said: "Even then, I wasn't convinced he was an addict. I was wondering if maybe he was really sick, maybe he had cancer and he was dying. But he kept ringing for days afterwards. In the end, I had to switch my phone off."

Susan talked Jacko's proposal through with two trusted friends.

Then she emailed him on March 20, saying: "Dude, I'm really sorry, I can't help you with what you asked me to do. I just don't feel that it is right and I don't want to get myself or anyone else into trouble."

"I don't think you're being fair putting me in that position. If you are sick in any way or you need help, get it sorted with your GP in the USA. I'm there for you if you need to talk but I can't help you if you don't tell me what is going on!"

She said the singer called back five days later on her birthday. "He told me not to worry - he would get someone else to help him out."

It was the last time they spoke.

Now Susan is due to fly to the US to meet the Jackson family. She has vowed to help them sail through the legal minefield they hold responsible for Michael's death.

She added: "I tried so hard to get him to seek help for his addiction - I just feel guilty I couldn't do more to save him."

Hi Michael,

Dude, I'm really sorry I can't help you with what you asked me to do. I just don't feel that it is right and I don't want to get myself or anyone else into trouble. I don't think you're being fair putting me in that position. My family would be really annoyed if I drag them into this kinda thing. If you are sick in any way or you need help, get it sorted with your GP in USA. I'm there for you if you need to talk but I can't help you if you don't tell me what the hell is going on!

Refusal... Susan's email to Jacko in March this year saying she would not get drugs for him